



Monday Musings from Pastor Brooke, June 8, 2020

It's the little things that make life wonderful. ~ Author Unknown

Happy Monday, Beloved,

Some of you have heard me say that, more often than not, my writings are precisely the things I need to hear. So this is my message to myself this day and I hope it speaks to you in some way as well.

Things are beginning to open back up. People are planning some trips. People are returning to restaurants. People are having small gatherings. It is not returning to “normal,” but some of the things we did pre COVID-19 are returning. For some people, they are ready to get out and resume these activities. Others find it more comforting to continue staying in. I am somewhere in the middle. But that doesn't mean that I cannot do little things to make life wonderful.

If you are not quite ready to jump into the “deep end of the pool” with lifting restrictions, here are a few things that you can do with some safety:

- 1. Take a walk with a friend.** You can keep 6 feet between you and walk. This is good for your body and also better to be outside than to sit together in an enclosed space.
- 2. Go for a drive.** If walking is difficult, take a drive to a favorite local destination. Perhaps you want to go look at Lake Erie and the boaters that are now out on it. Maybe you want to go further for a day trip. Pack a picnic and just enjoy our wonderful summer.
- 3. Read a book you have been meaning to read.** If you find yourself with extra time, read something that is enjoyable to you. Some of us may not have a whole lot more time than we did when things were “normal,” but it is for that reason that making time to do something you enjoy is important.
- 4. Schedule a socially distanced visit with someone.** We have a big porch and we have had some people over and it has done my soul good. Yes, we have on our masks when we are not eating or drinking, but it is just so good to see people in the flesh. You can meet in a park if you do not have space at your home.

5. Plant something. I am not a big gardener, but I do love flowers — and I admit, I like the bounty from a garden! If you don't have land, you can always plant some things in a container. This is a good way to remember that there is still life growing.

These are just a few little things that you can do to make life wonderful. If you are ready to make reservations at a restaurant — I support your decision. If you are not ready, I support that decision, too.

In each of these “little things,” I believe that God can be found. Each involves spending time with God's creation (yes, even reading, because you are engaging with an author). So as you do these little things, listen for the Still-Speaking God.

Blessings,

A handwritten signature in blue ink that reads "Pastor Brooke". The signature is written in a cursive, flowing style.